



Purpose/Mission Exercise Worksheet

Taking everything you've learned about yourself in this process, do your best to answer the following questions:

What do you really want out of life?

What do you want your life to stand for?

What sort of person do you want to be?

What do you want to do with your life?

What do you believe your purpose(s) or mission(s) is (are) in this life?

What were you uniquely put on this earth to achieve?

Now put this into a paragraph and fine-tune it. You now have your purpose or mission to guide your decision-making.